

# HOLD ON

Words and Music by CARNIE WILSON,  
CHYNNA PHILLIPS and GLEN BALLARD

Moderate Rock

F C/F Bb(add9)/F C/F F C/F Bb(add9)/F

*mf*

F Bb/F F F/E

I know there's pain. \_ Why do you  
You could sus - tain. \_ Mm. \_ or are you

Dm7 Dm Bb Bb/C

lock your - self up in these chains? \_ You've got  
com - f'rt a - ble with the pain? \_

F C/F Bb/F C/F

No one can change \_ your life ex - cept \_ for you. Don't  
no one to blame \_ for your un - hap - pi - ness. No, ba - by,

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F C/F Bb/F C

ev - er let an - y - one step all o - ver you. Just  
 you got your - self in - to your own mess, ooh,

F C/F Bb/F C/E

o - pen your heart and your mind, mm.  
 let - tin' your wor - ries pass you by, ba - by.

Dm F(add9)/A Bb

Is it real - ly fair to feel this way in - side?  
 Don't you think it's worth your time to change your mind?

Bb/C F Bb/F

No, Woh, no, } Some - day some - bod - y's gon - na make you wan - na



C/F F Bb/F

turn a-round and say good-bye. \_\_\_\_\_ Un-til then, ba-by, are you gon-na let him

C/F F Bb/F

hold you down and make you cry? \_\_\_\_\_ Don't you know, don't you know things could change?

To Coda ⊕ C/F F Bb F/A Gm7

Things-'ll go your way if you hold \_\_\_\_\_ on \_\_\_\_\_ for one

Gm7/C Bb F/A

more day. \_\_\_\_\_ Can you hold \_\_\_\_\_ on \_\_\_\_\_ for one

Gm7 Gm7/C 1. N.C.

more day? Things-I'll go \_ your way. \_\_\_\_\_ Hold on for one more day.

F C/F Bb(add2)/F C/F F C/F Bb(add2)/F

2. N.C.

Hold on for one more day. \_\_\_\_\_

F C/F Bb/F C/F

I know that there \_ is pain, \_ but ya hold \_ on for one \_ more day, \_ and ya



F C/F Bb/F

break free from the chains.

F C/F Bb/F C/F

Yeah, I know that there is pain, but ya hold on for one more day, and ya

F C/F Bb/F

break free break from the chains.

*D.S. al Coda*

Coda Bb F/A Gm Gm/C

on for one more day, yeah. Hold

F      Bb/F      C/F      F      Bb/F

on.

C/F      F      Bb/F

Don't you know, things could change?

C/F      F      Bb      F/A

Things could go your way if you hold \_\_\_\_\_ on \_\_\_\_\_ for one

Gm      Gm/C      F      Bb/F      C/F      F *Repeat ad lib. and Fade*

more day, \_ if you hold \_\_\_\_\_ on. \_ Can you hold on? \_