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## INTRODUCTION

### IMPORTANCE OF TECHNICAL EXERCISES IN PIANOFORTE-PLAYING.

Many Pianoforte-players, professionals as well as amateurs, endeavor to escape a thorough study of their instrument, with the excuse that it is not their object to become *virtuosi*. To this it may be replied, that some fundamental study will by no means expose them to the danger of suddenly finding themselves *virtuosi*; and that, before they reach that point, they must first become simply *good players*. This should be the aim of every pianist, so far as circumstances will allow:—of the *professional*, otherwise he will be subject to the reproach of having lowered his art to the level of a mere ordinary occupation;—of the *amateur*, for the fact that he studies only for his own pleasure, gives him no right to regard his art merely as a pastime, or to perform a composition for his own amusement in a manner more or less mutilated.

The objection that the study of the Pianoforte, as here required, demands too much time, is not valid. The most thorough method is, after all, the shortest; and to devote *four or five* hours daily to the Piano must surely be possible for every musician, without encroaching thereupon upon his studies in counterpoint and composition.

Many amateurs even will be able to spare a few hours every day for it, and find themselves amply rewarded by their great progress.

He who makes the Pianoforte his chief study **must**, of course, give it the most time—four hours, at least, cannot appear exorbitant.

The main point is, however, to employ this time *well*, and to devote it to serious, systematic study, instead of *trifling*, as it were, with music, and wandering about without plan or method.

Even the greatest talent ought not to be exempted from this thorough course of study, without which it cannot be developed beyond a certain point. Though all that a player may desire be, to perform a composition with feeling and taste, even that is entirely out of the question so long as he has to contend with mechanical difficulties. He is greatly in error if he thinks these are to be overcome by the mere study of an interesting work. On the one hand, each one of these works would require an immense amount of time; and, on the other, he would meet with innumerable difficulties, which he will never learn to conquer by any such *imperfect* method, but only by a long and uninterrupted course of study. Such is the object of Finger-exercises and Études, and by their aid alone will he ever attain the mechanical perfection necessary to the proper performance of ancient and modern classical works.

## GENERAL RULES FOR PRACTICING ON THE PIANO.

### CHAPTER FIRST.

#### POSITION OF THE PERSON.

1. The performer should be seated before the *middle* of the keyboard, and at such a distance from it, that the arms can conveniently reach the farthest keys of the instrument, as well as cross each other, and move with freedom in both directions.

2. The seat should be so high that the elbows may be a little above the level of the keyboard.

3. They should also be kept close to the body, though without touching it.

4. Crossing the limbs, and kindred attitudes, should be avoided, as well as violent motions of the head, shoulders, and upper part of the person.

5. Let the position generally be easy and unconstrained; should the scholar have awkward habits to get rid of, so that an easy position costs him some trouble, there should be the least appearance of constraint possible.

6. But let not the fear of affectation so far enslave, as to make him avoid such motions as spring naturally from an expressive performance.\*

### CHAPTER SECOND.

#### POSITION OF THE HAND.

To give the hand a strictly correct position, let the scholar place the fingers on five successive white keys in

\* Children whose feet do not touch the floor when sitting, should always make use of a footstool, in order to have an easy and firm seat.

the middle of the board (as in the "Finger-Exercises with the hand firmly fixed"), and observe at the same time the following rules:—

1. The wrist must neither be perceptibly raised nor lowered, but lie without constraint upon a level with the hand and arm.

2. The knuckles must neither be raised, so as to form a hollow within the hand, nor bent inwards (as many teachers consider requisite to a good touch), but must be kept in a natural position, on a level with the back of the hand.

3. The fore part of the fingers must be gently rounded, not, however, so that the nails (which, by the way, should not be kept long) can touch the keys.

4. The 4th and 5th fingers, however, should not be quite so much rounded as the others, but a little more extended.

5. Let the *thumb* be stretched horizontally, so that the end-joint shall be upon a level with the key, and the key itself struck by its outer edge. It must be held continually above the surface of the keys, and by no means be permitted to hang down, much less to rest upon the keyboard.

6. The centre of gravity of the hand in playing should fall inwards, i. e. towards the thumb.

7. Let the position of the hand generally, as we have also said of that of the person, be perfectly easy and natural—a precaution very essential to a good style of playing.

## CHAPTER THIRD.

### TOUCH.

The main point to be considered with regard to touch, is the smooth connection of the successive tones.

Under this head are found two sorts of touch, *Legato* and *Staccato*; which may be again subdivided into *Legatissimo*\* and *Portamento*.

#### I. The Legato Touch.

*This is the most important of all, because it occurs oftenest and is the one universally to be employed where none other is especially marked. It is the one to be used in all the finger-exercises given in Chapter Fifth, and to be practiced before any other. In studying it, observe the following:—*

1. Hold the hand as described in the preceding chapter.
2. The fingers must be moved only from the knuckles; the other two joints are neither to be contracted nor extended, either in striking, or leaving the keys. The same rounded position is to be retained throughout.
3. The thumb must also be moved by the joint which connects it with the hand, and by no means cause any motion in the hand itself.
4. The unemployed fingers must be kept at an equal distance from the keys, and not be allowed to sink down before striking them.
5. In striking, the fingers must touch the key *exactly* in the middle.
6. Each finger, after striking the key, must be lifted from it quickly, and at the very instant when the next succeeding finger strikes *its* key, so that the successive tones may neither run into each other, nor be separated by the slightest gap.
7. No movement should be permitted to the hand other than that which necessarily arises from the moving of the muscles and sinews; especially must this be the case when the other fingers are holding notes.
8. In proportion as a full and strong tone is required, the fingers must be raised so much the higher, and press with greater weight upon the keys; the more subdued the tone is to be, the more moderate should be the motion, as well as the pressure, of the fingers.
9. In passages that are to be rapidly executed, the fingers of course cannot be raised to so great a height. If in such passages, however, great force is required, it will become perfectly possible, when the strength of the fingers has been developed to the utmost; for, generally speaking, rapid passages may be regarded as a test of a performer's proper technical training.

#### II. The Staccato Touch.

This is executed with the aid of the wrist.

1. The hand must be slightly raised by the wrist before striking, and then with an easy movement thrown,

\* This expression is not universally used, but employed here only for want of a better.

as it were, upon the keyboard. As soon as it has struck, it must be raised again to its former position.

2. The arm must have nothing to do with this movement, and the raising of the hand by no means be effected by lifting the forearm. In running passages, the arm of course moves along with the hand.

3. Great care should, however, be constantly taken that the arm be not constrained, or the movement of the hand too violent; otherwise the performer would be apt to present a very ludicrous appearance.

4. In rapid or soft passages there is less movement of the wrist than in those more moderate, or where force is required. In such cases, the *staccato* may often be produced by merely drawing back the fingers quickly after striking, and without any very marked movement of the wrist.

5. In connection with this study, see the Finger-Exercises under Section IX in the fifth chapter.

REMARK.—There are VIRTUOSI who can execute a STACCATO with as great perfection with a stiff wrist and the aid of the arm, as in the manner we have given here with a loose wrist. But, while a great master has a right to employ various methods to produce the same effect, a player, who has a course of study still before him, had better select but one method, and THE ONE WHICH MOST FACILITATES EXECUTION.

#### III. The (so-called) Legatissimo Touch.

1. It consists in this, that a key, after being struck, is not raised again at the striking of the next one. By this method, which can be employed only for tones which belong to the same harmony, these tones run into each other, as it were, and greater fullness of sound is produced.

2. As this mode of touch is to be employed with *great care* in the execution of a piece (see the text to Moscheles' Pianoforte Studies, Op. 70, § 4), we would advise the scholar, who has not yet perfectly mastered the *Legato Touch*, to abstain at first from the use of the *Legatissimo*, for the reason that this mode of allowing the fingers to remain upon the keys is directly opposed to that of raising them required in the *Legato Touch*, and renders the study of the latter much more difficult.

3. Let the pupil, therefore, not make use of the *Legatissimo Touch* until he can execute the *Legato* with perfect ease.

#### IV. The Portamento Touch.

This is used when notes are marked with dots and a slur over them.

1. The notes must be held to nearly their full length.
2. They are to be played by a pressure of the fingers corresponding with the loudness required in the tone to be brought out, and by slightly raising the forearm.

## CHAPTER FOURTH.

### PRACTICE.

It is a mistake to suppose you will make rapid progress by practicing whole, or even half, days. On the contrary, the main requisites are these:

*First.* To give a certain regular time to practice each day; and,

*Second.* To employ that time in a systematic and suitable manner.

### I. Distribution of Practicing-Hours.

1. Professional players should adopt *four* hours a day as a *minimum*, and amateurs at least *one*.

2. It is best to divide one's time into two or three sections, of which none should be shorter than one hour, and the greater part in the morning.

3. As soon as the pupil feels himself fatigued, let him endeavor, before he continues his practice, to gain new strength, either by ceasing altogether from labor, or by seeking some other bodily or mental employment of a different nature. For, unless he gives his undivided attention to his practicing, it does him more harm than good, because faults, which creep in unawares, become confirmed much sooner than *good* habits, and are eradicated only at the expense of much time and trouble.

### II. Employment of Practicing-Hours.

1. The foundation of good playing lies in perfecting one's mechanical skill as far as possible; which is attained only by a most careful study of Finger-exercises. These require, therefore, especially at the commencement of his studies, the pupil's freshest energies and closest attention, and should consequently be taken up *first* in his daily practice. An additional reason for this lies in the fact, that these exercises have, undeniably, a certain dryness, particularly while they have to be practiced slowly. It is evident what an advantage there is in arranging one's daily studies in such an order that the interest shall increase progressively.

2. *After* the Finger-exercises, then, let the scholar take up the study of Études, and then a Sonata, or some other piece that has not for its direct and only object the improvement of his execution.

3. Finally, let him not omit to terminate his daily studies with *playing at sight*.

4. In order to judge of his progress, the scholar should, from time to time, play through those pieces that he has previously studied.

5. Beginners must give the most of their time to finger-exercises, and that, too, until they have attained a certain degree of firmness of touch, and are familiar with the more common scales and chord-passages.

Advanced players will easily judge how much time *they* should devote to these exercises, and will occupy themselves mostly with the practice of Études, and larger works, always devoting one hour daily to reading at sight.

6. Beneficial as it is to arrange his daily practice in the order above given, the pupil must nevertheless avoid making himself a slave to this rule. Many players have so accustomed themselves to beginning the day with their finger-exercises, as to be unable to play smoothly without having given some time to mechanical study.

In order to prove whether he may have fallen into this bad habit, let the pupil from time to time reverse the order, or even omit the exercises entirely.

### III. Choice of an Instrument.

1. Let the pupil be careful that the action of the instrument, which he uses in his studies, be neither too heavy nor too light. Many think to acquire greater strength of finger by means of the former, whereas the touch will only become more stiff and clumsy.

2. The better the instrument, the more it will aid the pupil's progress. If his means be scanty, as is often the case with musicians, he had better endeavor to save in some other way, than use a bad instrument for the sake of economy.

It hardly need be said, what an impulse an instrument of fine tone and action lends to a scholar's musical feeling, and his zeal for study.

### IV.

Finally, let the scholar avoid in these exercises all mechanical auxiliaries; as Herz's Dactylion, the "Trilling Machine," the "Dumb Pianoforte," and the like.\* The use of such contrivances often completely ruins the hand and fingers, or makes them stiff, and prevents them from ever acquiring freedom and independence.

In place of them, it cannot be urged upon the pupil too often, that he must study with *care* and *attention*, and a judicious arrangement of his hours for practice.

## CHAPTER FIFTH.

### ABOUT THE STUDY OF FINGER-EXERCISES.

#### I. Their Object and Order.

1. The study of finger-exercises has the following objects:—

- a. The proper mechanical adjustment of the hand and fingers, as well as the development of their strength and firmness.
- b. To make the scholar familiar with the groundwork of all passages, that is, with scales and broken chords.
- c. The perfect acquirement of a full, clear, and round tone, in movements of every variety of expression and time.

2. The simplicity of their form allows the player to bestow his whole attention upon the position of the hand; whereas in the practice of Études and other works, there are many other points to be attended to.

3. The Finger-exercises may be divided into the following sections:

\* Schumann says, in his MUSIKALISCHE HAUS- UND LEBENSREGELN: "You may use the Dumb Pianoforte, to see that it is good for nothing. You cannot learn to speak from the dumb."

- I. Exercises without moving the hand; *a.* for 2 fingers, *b.* for 3, *c.* for 4, *d.* for 5.
- II. Exercises with the hand firmly fixed.
- III. Exercises with the hand moving, for 2, 3, 4, and 5 fingers; broken Sixths and Octaves.
- IV. Changing the fingers upon one key (Tremolos).
- V. Scales, diatonic and chromatic.
- VI. Broken chords (arpeggios).
- VII. Connected Thirds, Fourths, and Sixths (double notes).
- VIII. Scales in Thirds, Fourths, Fifths, Sixths, and Octaves (double notes).
- IX. *Staccato* double notes, and chords (wrist-exercises).

4. Beginners, and those who have bad habits to get rid of, such as an improper position of the hand, or allowing the fingers to remain upon their keys, must first of all study the first section (that is, the slow trill) with great care, and not go on to the following sections until they can execute the first in a strictly correct manner. Then let them familiarize themselves with the scales that occur most frequently, and with some of the broken chords, and afterwards take up the other sections one by one. The connected Thirds and Sixths are on no account to be taken up at the commencement, as they require the fingers to be well developed and able to strike with perfect precision.

5. When the pupil takes up a new series of exercises, he must not wholly neglect the former ones, but practice them from time to time, so as to attain still greater perfection.

6. When he has gone through all the sections, then let him practice in his daily exercises principally the Trill, Scales, Broken Chords, then some of the exercises in other sections, Scales in Thirds, exercises with the hand moving, etc. Let him divide them into several parts, so as to go through the whole of them in a given time, and then begin anew.\*

7. Finally, those who have already attained to a considerable degree of execution, will readily perceive of what importance these exercises are in acquiring and retaining dexterity of finger. They should not omit devoting some time to them every day, in order not to lose the skill they have obtained.

## II. Rules for the Study of Finger-Exercises.

1. Finger-exercises should be practiced with each hand separately, and with precision.

2. The scholar should learn them by heart, in order to give his whole attention to the position of the hand and fingers.

\* It may seem pedantic to many persons that we here require a systematic arrangement in the study of finger-exercises; it should be borne in mind, however, that, notwithstanding the extreme utility of these exercises, many players, by reason of their dry character, will be induced to lay them aside altogether, unless they accustom themselves, by method, to this necessary evil.

3. The position of the hand is the one given in the second chapter; and the touch, the *Legato touch*, described in the third chapter, under *I.* The latter should be firm and decided, not weak.

4. With beginners the *thumb* is very apt to strike too loudly, while the *fourth* and *fifth* fingers are weak and stiff. They should, therefore, moderate the force of the thumb, and endeavor to make that of the fourth and fifth fingers equal to the others. We would recommend their practicing passages which are to be executed by these two fingers, with a stronger touch.

5. Each separate exercise should be often repeated, but not so as to overwork the muscles, which only impairs their strength.

6. When the pupil is able to play these exercises slowly and with perfect correctness, then let him try to play them, holding the fingers lightly, as rapidly as he can without injuring the distinctness of execution.

7. When each hand can play the exercise with certainty, then let the pupil play with both hands together, both in *contrary motion*,\* if the figure admit of it, and in *parallel motion*.

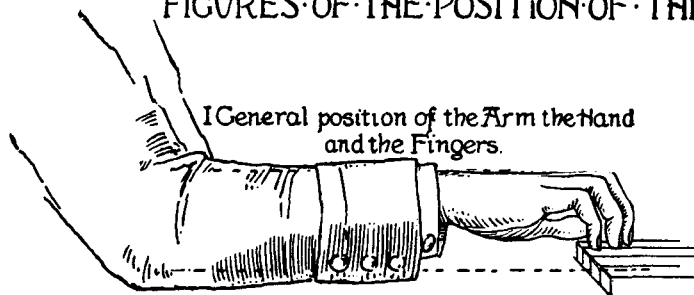
8. When the pupil is able to execute these exercises slowly and in the prescribed manner, let him try the necessary gradations of time given in example 1 and 12. In doing this he must count aloud and clearly, always keeping time—neither hurrying nor dragging. In proceeding to the execution of these gradations, however, a certain judgment must be exercised. The endeavor to aid the fingers by motions of the arm or hand in playing quicker, or in the effort to produce a full tone, is always a proof of a lack of power in the fingers. The steadiness of the hand displayed by the pupil in a strong, firm touch and in accurate time, is a sure criterion of the degree of rapidity he may attempt.

9. Let the more practiced performer transpose the finger-exercises into other major and minor keys, in order to accustom the hand to a firm and even touch in every variety of position; for example, the five-finger exercises into C sharp major, where the thumb and 5th finger will fall upon black keys; into B flat major, where the thumb in the right hand, and the 5th finger in the left, come upon a black key; into B major, where the reverse is the case, etc.

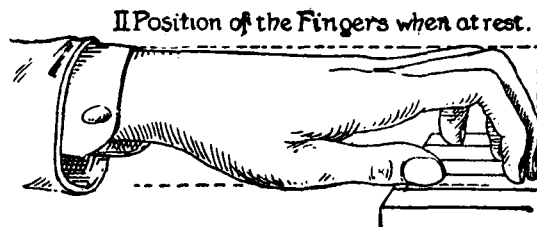
10. Finally, in practicing these exercises, the player must not only endeavor to gain strength and velocity of finger, but must, at the same time, give his attention to the character of the sound produced by his touch, so as to acquire a full, clear, and round tone. The more advanced player must for this purpose practice more particularly the longer exercises in all the different degrees of movement and in all conceivable gradations: e. g. with precision in the different modifications of tone; *crescendo* up, *decrescendo* down; *crescendo* towards the middle, *decrescendo* towards the end; etc., and at the same time pay full attention to the evenness of his touch and the quality of the tone produced.

\* *Contrary motion*, recommended by Clementi, is especially suited to the attainment of equality in both hands, though *parallel motion* occurs oftener, especially in extended passages.

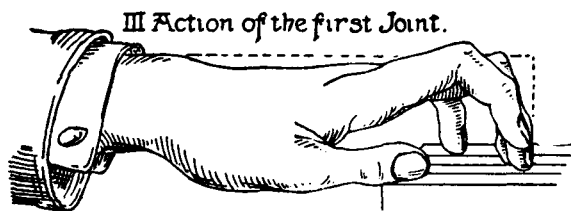
FIGURES OF THE POSITION OF THE ARM THE HAND AND THE FINGERS.



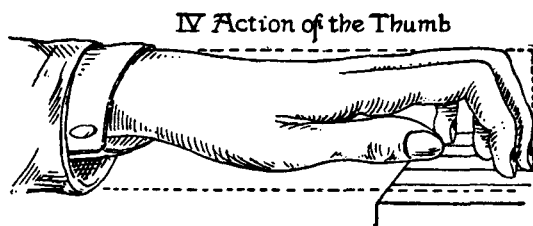
I General position of the Arm the Hand and the Fingers.



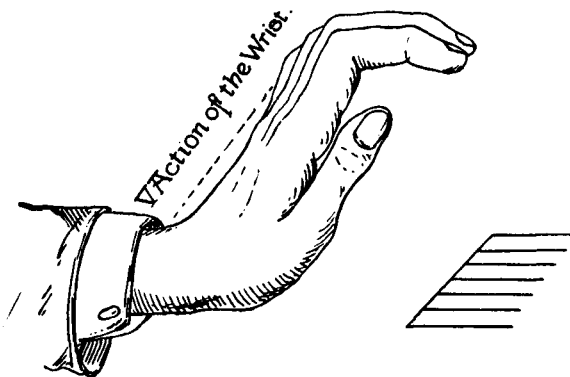
II Position of the Fingers when at rest.



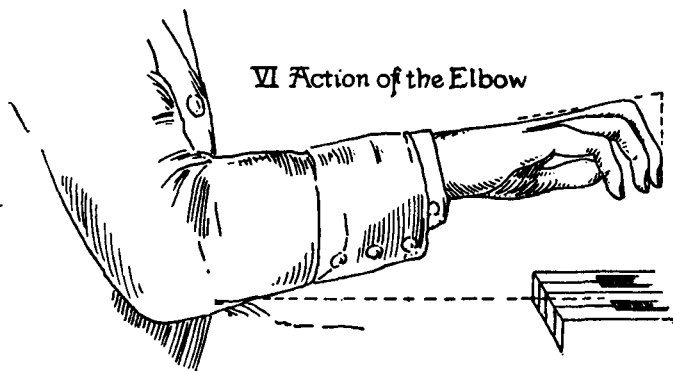
III Action of the first Joint.



IV Action of the Thumb

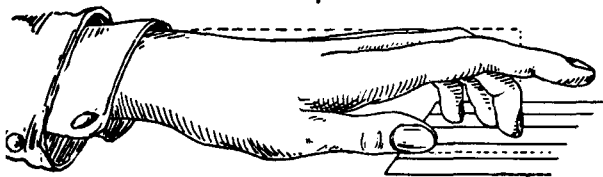


V Action of the Wrist.

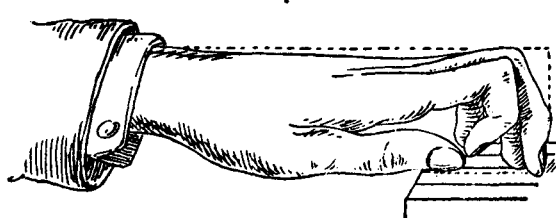


VI Action of the Elbow

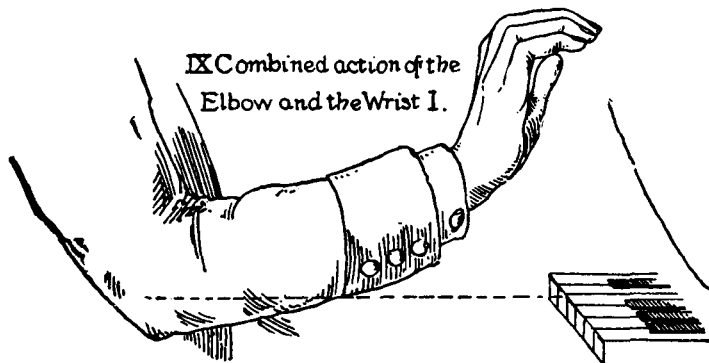
VII The soft staccato touch.



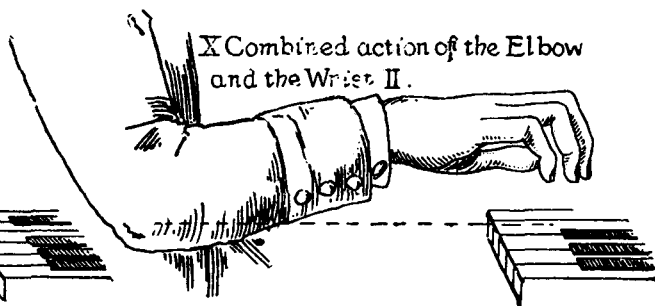
VIII The soft staccato touch II.



IX Combined action of the Elbow and the Wrist I.



X Combined action of the Elbow and the Wrist II.



# Section I.

## Exercises without moving the Hand.

### a, Exercises for 2 Fingers.

(Slow Trill.)

**Rules:** 1. In addition to the rules given under II. (Rules for the study of Finger-exercises,) the scholar must take care that the unemployed fingers (particularly the 5<sup>th</sup>.) be neither extended nor contracted, but that they retain the rounded position which has been above described. 2. In these exercises, as well as those following, (N<sup>o</sup> 12 to N<sup>o</sup> 81,) the hand is very apt to turn from side to side. The scholar must by no means yield to this tendency. 3. The Trill often tempts one to practice too rapidly. But it cannot be urged too often, that in order to acquire a full and perfect shake it must be practiced *very slowly* with a firm, precise touch and by raising the fingers, (rather high.)\*

1.

2.

3.

4.

5.

6.

7.

8.

9.

\*) After having acquired a moderate degree of facility, a more rapid execution may be attempted. The first Exercise, f. i., as follows:

Note: It is perhaps advisable to commence the study of Five-Finger Exercises with Sect. II., in order that the Fingers may be trained to retain their proper position when not occupied.

10. 11.

12. b, Exercises for 3 Fingers. 13.

14.

15. 16.

17.

18. 19.

20.



21. Exercises for 4 Fingers.

22.

23.

24.

25.

26.

27.

28.

29.

30.

31.

32.

33.

34.

35.

The parallel motion, which is not given in the following examples, is to be supplied by the player, by simply duplicating the treble.

36. d, Exercises for 5 Fingers.

37.

38.

39.

40.

41.

42. D flat major.

43. B flat major.

44. B-major.

45. E flat major.

46. C sharp minor.

47. A flat minor.

48. F sharp minor.

49. E minor.

50. F minor.

51. B flat minor.

52. A flat major.

53. D flat minor.

54. G major.

55. F major.

56. C minor.

First system of exercise 56, C minor. The piece is in 3/4 time. The right hand features a triplet of eighth notes in the first measure, followed by eighth notes. The left hand plays a steady eighth-note accompaniment. The key signature has two flats (Bb and Eb).

Second system of exercise 56, C minor. The right hand continues with eighth-note patterns, including a triplet. The left hand maintains the eighth-note accompaniment. The key signature remains two flats.

57. F sharp major.

First system of exercise 57, F sharp major. The piece is in 3/4 time. The right hand starts with a first-finger triplet of eighth notes, followed by eighth notes. The left hand plays eighth notes with a sharp sign above the first measure. The key signature has three sharps (F#, C#, G#).

Second system of exercise 57, F sharp major. The right hand features a fifth-finger triplet of eighth notes, followed by eighth notes. The left hand continues with eighth notes, including a sharp sign above the first measure. The key signature remains three sharps.

58. B minor.

First system of exercise 58, B minor. The piece is in 3/4 time. The right hand starts with a triplet of eighth notes, followed by eighth notes. The left hand plays eighth notes with a sharp sign above the first measure. The key signature has two sharps (F# and C#).

Second system of exercise 58, B minor. The right hand continues with eighth-note patterns, including a triplet. The left hand maintains the eighth-note accompaniment. The key signature remains two sharps.

A row of four short musical exercises, numbered 59 through 62, in 2/4 time. Exercise 59 is in 2/4 time with a first-finger triplet. Exercise 60 is in 2/4 time with a third-finger triplet. Exercise 61 is in 2/4 time with a first-finger triplet. Exercise 62 is in 2/4 time with a third-finger triplet. Each exercise consists of two measures of eighth-note patterns in the right hand and eighth-note accompaniment in the left hand.

63. 64. 8 65. 66. 3

67. 68. 69. 70. 5

71. 72. 5 73. 3 74.

75. 76. 3 77. 78. 3 79. 3

80. 81. a, 1 2 3 4 b 5 4 3 2 b, c,

d, e, a, 1 b b b b b, b, b, b b b b,

c, d, e, a, 1 2 3

## Section II.

### Exercises with the hand firmly fixed

These exercises are of especial use in developing the *strength* and *independence* of each individual finger.

The object of the preceding, especially that of the shake, is rather to acquire rapidity and flexibility. Especial attention should be paid to the curved position of the fingers, while holding down the keys.

\*) 1.

## Section III.

### Exercises with the hand moving.

**Rules:** 1. In these exercises the hand must glide quietly forward upon the key-board, without any movement arising from the raising of the fingers. 2. The correct position of the unemployed fingers must here be strictly observed.

a) Exercises for 2 fingers.

\*) In repeating each separate exercise, the whole notes are not to be struck each time.

\*\*\*) The following exercises should be also transposed into other keys for practice.

5 4 3 2 1 5 4 3 2 1 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1

3. 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1

4. 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1

5. 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1 5 4 2 1

b) Exercises for 3 fingers.

6. 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1

7. 5 4 3 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1

8. 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1

9. 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1

10. 5 4 1 3 4 2 1 3 4 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1 5 4 3 2 1



c) Exercises for 4 fingers.

11.

Exercise 11 consists of two staves. The right hand (treble clef) starts with a sequence of eighth notes: 2 3 4 5 2 1, followed by 5 4 2 1, and then a series of slurred eighth notes. The left hand (bass clef) starts with 5 4 3 2 5 4, followed by 4 3 2 1 4 2, and then a series of slurred eighth notes. Fingerings are indicated by numbers 1-5 above or below notes.

12.

Exercise 12 consists of two staves. The right hand (treble clef) starts with 5 2 3 4 5 2, followed by 5 4 2 1, and then a series of slurred eighth notes. The left hand (bass clef) starts with 2 5 4 3 2 5, followed by 2 5 4 1, and then a series of slurred eighth notes. Fingerings are indicated by numbers 1-5 above or below notes.

13.

Exercise 13 consists of two staves. The right hand (treble clef) starts with 3 4 5 2 3, followed by 2 1, and then a series of slurred eighth notes. The left hand (bass clef) starts with 4 3 2 5 4 3, followed by 5 4, and then a series of slurred eighth notes. Fingerings are indicated by numbers 1-5 above or below notes.

14.

Exercise 14 consists of two staves. The right hand (treble clef) starts with 3 4 3 2 1, followed by 3 2 1, and then a series of slurred eighth notes. The left hand (bass clef) starts with 5 4 3 2 1, followed by 5 4 3, and then a series of slurred eighth notes. Fingerings are indicated by numbers 1-5 above or below notes.

15.

Exercise 15 consists of two staves. The right hand (treble clef) starts with 2 4 3 5 2 4, followed by 2 1, and then a series of slurred eighth notes. The left hand (bass clef) starts with 5 3 4 2 5 3, followed by 5 4, and then a series of slurred eighth notes. Fingerings are indicated by numbers 1-5 above or below notes.

16.

Exercise 16 consists of two staves. The right hand (treble clef) starts with 1 3 2 4 1 3, followed by a series of slurred eighth notes. The left hand (bass clef) starts with 4 2 3 1 4 2, followed by a series of slurred eighth notes. Fingerings are indicated by numbers 1-5 above or below notes.

17.

18.

19.

20.

d) Exercises for 5 fingers.

21.

22.

23.

24.

25.

e) Broken Sixths and Octaves in Moving Figures.

**Rule:** These figures must be played entirely by the movement of the fingers, and by gliding the hand, but not turning it.

26. Broken Sixths.

(Play through two or three Octaves.)

27.

28.

29.

30.



39.

40.

41.

42.

43. \*)

44.

\*) Nos. 43 and 44 are also to be practised in contrary motion.

45. Broken Octaves.

Musical score for exercise 45, 'Broken Octaves'. It consists of two staves, Treble and Bass. The Treble staff begins with a fingering of 1 5 1 5. The piece features a rhythmic pattern of eighth notes with a descending eighth-note triplet in the right hand and a steady eighth-note accompaniment in the left hand. The exercise concludes with a double bar line and repeat dots.

46.

Musical score for exercise 46. It consists of two staves, Treble and Bass. The piece features a rhythmic pattern of eighth notes with a descending eighth-note triplet in the right hand and a steady eighth-note accompaniment in the left hand. The exercise concludes with a double bar line and repeat dots.

47.

Musical score for exercise 47. It consists of two staves, Treble and Bass. The Treble staff begins with a fingering of 2 2. The piece features a rhythmic pattern of eighth notes with a descending eighth-note triplet in the right hand and a steady eighth-note accompaniment in the left hand. The exercise concludes with a double bar line and repeat dots.

48.

Musical score for exercise 48. It consists of two staves, Treble and Bass. The piece features a rhythmic pattern of eighth notes with a descending eighth-note triplet in the right hand and a steady eighth-note accompaniment in the left hand. The exercise concludes with a double bar line and repeat dots.

49.

Musical score for exercise 49. It consists of two staves, Treble and Bass. The piece features a rhythmic pattern of eighth notes with a descending eighth-note triplet in the right hand and a steady eighth-note accompaniment in the left hand. The exercise concludes with a double bar line and repeat dots.

50.

Musical score for exercise 50. It consists of two staves, Treble and Bass. The piece features a rhythmic pattern of eighth notes with a descending eighth-note triplet in the right hand and a steady eighth-note accompaniment in the left hand. The exercise concludes with a double bar line and repeat dots.



5.

Exercise 5 consists of two staves. The treble clef staff begins with a descending sequence of notes (4, 3, 2, 1) followed by an ascending sequence (1, 4). The bass clef staff mirrors this pattern, starting with a descending sequence (4, 3, 2, 1) and an ascending sequence (1, 4). Both staves feature slurs and accents over the notes.

6.

Exercise 6 consists of two staves. The treble clef staff starts with a descending sequence (4, 3, 2, 1) and an ascending sequence (1, 4, 3, 2, 1). The bass clef staff starts with a descending sequence (2, 1, 4, 3, 2, 1) and an ascending sequence (1, 4, 3, 2, 1). Both staves include slurs and accents.

7.

Exercise 7 consists of two staves. The treble clef staff begins with a descending sequence (2, 1, 5, 1) and an ascending sequence (1, 2, 1, 5, 1). The bass clef staff follows the same pattern. Both staves feature slurs and accents.

8.

Exercise 8 consists of two staves. The treble clef staff starts with a descending sequence (2, 1, 5, 1) and an ascending sequence (1, 2, 1, 5, 1). The bass clef staff follows the same pattern. Both staves include slurs and accents.

9.

Exercise 9 consists of two staves. The treble clef staff begins with a descending sequence (2, 1, 4, 3, 2, 1) and an ascending sequence (1, 2, 1, 4, 3, 2, 1). The bass clef staff follows the same pattern. Both staves feature slurs and accents.







# A. Major Scales.

General Rules for the Fingering of the Scales in C, G, D, A, E.

**Right hand:** thumb on the 1st and 4th degree, the 4th finger on the 7th degree of the scale.  
**Left hand:** thumb on the 1st and 5th degree, the 4th finger on the 2nd degree of the scale. Practice in four octaves, slowly at first, and strongly emphasizing the first note of every group of four sixteenths.

C Major.

14. in Octaves.

15. in Tenths.

Musical notation for C Major scales 14 and 15. Scale 14 is in octaves, and scale 15 is in tenths. Both are written in treble and bass clefs. Fingering numbers (1-5) are indicated above and below notes. Scale 14 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. Scale 15 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. The right hand starts on the first degree, and the left hand starts on the fifth degree.

16. in Sixths.

G Major.

17. in Octaves.

Musical notation for G Major scales 16 and 17. Scale 16 is in sixths, and scale 17 is in octaves. Both are written in treble and bass clefs. Fingering numbers (1-5) are indicated above and below notes. Scale 16 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. Scale 17 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. The right hand starts on the first degree, and the left hand starts on the fifth degree.

18. in Tenths.

19. in Sixths.

Musical notation for G Major scales 18 and 19. Scale 18 is in tenths, and scale 19 is in sixths. Both are written in treble and bass clefs. Fingering numbers (1-5) are indicated above and below notes. Scale 18 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. Scale 19 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. The right hand starts on the first degree, and the left hand starts on the fifth degree.

D Major.

20. in Octaves.

21. in Tenths.

Musical notation for D Major scales 20 and 21. Scale 20 is in octaves, and scale 21 is in tenths. Both are written in treble and bass clefs. Fingering numbers (1-5) are indicated above and below notes. Scale 20 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. Scale 21 shows a sequence of four groups of four sixteenth notes, each starting with a thumb (1) on the first degree. The right hand starts on the first degree, and the left hand starts on the fifth degree.



G flat Major.  
32. in Octaves.

33. in Tenths.

34. in Sixths.

General Rules for the Fingering of the Scales of D $\flat$ , A $\flat$ , E $\flat$ , and B $\flat$ .

**Right hand:** the thumb on C and on F—the 4th finger on B flat. **Left hand:** commence with the 3rd finger and turn over the 4th finger.—Descending, place the thumb on the first white key.

D flat Major.  
35. in Octaves.

36. in Tenths.

37. in Sixths.

A flat Major.  
38. in Octaves.

39. in Tenths.

39. in Tenths. E flat Major.

40. in Sixths.

40. in Sixths. E flat Major.

41. in Octaves.

41. in Octaves. E flat Major.

42. in Tenths.

42. in Tenths. B flat Major.

43. in Sixths.

43. in Sixths. B flat Major.

44. in Octaves.

44. in Octaves. B flat Major.

45. in Tenths.

45. in Tenths. F Major.

46. in Sixths.

46. in Sixths. F Major.

47. in Octaves.

47. in Octaves. F Major.

48. in Tenths.

48. in Tenths. F Major.

49. in Sixths.

49. in Sixths. F Major.

# B, Minor Scales.

## 50. A Minor. in Octaves.

Musical score for A Minor in Octaves. The piece is written for piano in a grand staff (treble and bass clefs). The melody in the treble clef starts on A4 and ascends to A5, while the bass clef starts on A2 and descends to A1. The scale is played in a steady eighth-note rhythm. Fingerings are indicated by numbers 1-5 above or below the notes. The piece concludes with a double bar line and repeat dots.

## 51. in Tenths.

Musical score for A Minor in Tenths. The piece is written for piano in a grand staff. The melody in the treble clef starts on A4 and ascends to A5, while the bass clef starts on A2 and descends to A1. The scale is played in a steady eighth-note rhythm. Fingerings are indicated by numbers 1-5 above or below the notes. The piece concludes with a double bar line and repeat dots.

## 52. in Sixths.

Musical score for A Minor in Sixths. The piece is written for piano in a grand staff. The melody in the treble clef starts on A4 and ascends to A5, while the bass clef starts on A2 and descends to A1. The scale is played in a steady eighth-note rhythm. Fingerings are indicated by numbers 1-5 above or below the notes. The piece concludes with a double bar line and repeat dots.

## 53. E Minor.

Musical score for E Minor. The piece is written for piano in a grand staff with a key signature of one sharp (F#). The melody in the treble clef starts on E4 and ascends to E5, while the bass clef starts on E2 and descends to E1. The scale is played in a steady eighth-note rhythm. Fingerings are indicated by numbers 1-5 above or below the notes. The piece concludes with a double bar line and repeat dots.

## 54.

Musical score for E Minor in Tenths. The piece is written for piano in a grand staff with a key signature of one sharp (F#). The melody in the treble clef starts on E4 and ascends to E5, while the bass clef starts on E2 and descends to E1. The scale is played in a steady eighth-note rhythm. Fingerings are indicated by numbers 1-5 above or below the notes. The piece concludes with a double bar line and repeat dots.

55.

Exercise 55 is a piano piece in G major. The right hand features a series of ascending and descending eighth-note patterns with slurs and various fingerings (1, 2, 3, 4, 5). The left hand provides a steady accompaniment with eighth-note chords and single notes, including a triplet of eighth notes in the first measure.

56. B Minor.

Exercise 56 is a piano piece in B minor. The right hand features a series of ascending and descending eighth-note patterns with slurs and various fingerings (1, 2, 3, 4, 5). The left hand provides a steady accompaniment with eighth-note chords and single notes, including a triplet of eighth notes in the first measure.

57.

Exercise 57 is a piano piece in G major. The right hand features a series of ascending and descending eighth-note patterns with slurs and various fingerings (1, 2, 3, 4, 5). The left hand provides a steady accompaniment with eighth-note chords and single notes, including a triplet of eighth notes in the first measure.

58.

Exercise 58 is a piano piece in G major. The right hand features a series of ascending and descending eighth-note patterns with slurs and various fingerings (1, 2, 3, 4, 5). The left hand provides a steady accompaniment with eighth-note chords and single notes, including a triplet of eighth notes in the first measure.

59. F sharp Minor.

Exercise 59 is a piano piece in F# minor. The right hand features a series of ascending and descending eighth-note patterns with slurs and various fingerings (1, 2, 3, 4, 5). The left hand provides a steady accompaniment with eighth-note chords and single notes, including a triplet of eighth notes in the first measure.



60.

Musical score for exercise 60, featuring treble and bass staves. The key signature is two sharps (F# and C#). The piece consists of two measures. The first measure contains a complex melodic line in the treble clef with fingerings 1, 1, 4, 1, 4, 1, 3 and a bass line with fingerings 4, 3, 1, 4, 1, 3. The second measure continues the melodic line with fingerings 1, 4, 1, 3 and the bass line with fingerings 1, 1, 1, 4. A repeat sign is present at the end of the second measure.

61.

Musical score for exercise 61, featuring treble and bass staves. The key signature is two sharps (F# and C#). The piece consists of two measures. The first measure contains a complex melodic line in the treble clef with fingerings 2, 3, 1, 1, 1, 3, 2, 1, 3, 2, 1, 4, 3, 2, 1, 3, 2, 1, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4 and a bass line with fingerings 1, 3, 2, 1, 4, 3, 2, 1, 4, 3, 2, 1, 3, 4, 1, 2, 3, 4, 1, 2, 3, 4. The second measure continues the melodic line with fingerings 1, 3, 2, 1, 3 and the bass line with fingerings 1, 2, 3, 4, 1, 2, 3, 4. A repeat sign is present at the end of the second measure.

62. C sharp Minor.

Musical score for exercise 62, titled "C sharp Minor", featuring treble and bass staves. The key signature is three sharps (F#, C#, G#). The piece consists of two measures. The first measure contains a complex melodic line in the treble clef with fingerings 1, 1, 1, 3, 2, 1, 3, 2, 1, 3 and a bass line with fingerings 3, 1, 4, 1, 4. The second measure continues the melodic line with fingerings 1, 4, 1, 2, 1 and the bass line with fingerings 1, 1, 1, 2. A repeat sign is present at the end of the second measure.

63.

Musical score for exercise 63, featuring treble and bass staves. The key signature is two sharps (F# and C#). The piece consists of two measures. The first measure contains a complex melodic line in the treble clef with fingerings 1, 1, 1, 4, 1, 4, 1, 3, 1, 4 and a bass line with fingerings 3, 1, 4, 1, 3. The second measure continues the melodic line with fingerings 1, 4, 1, 3 and the bass line with fingerings 1, 1, 1, 2. A repeat sign is present at the end of the second measure.

64.

Musical score for exercise 64, featuring treble and bass staves. The key signature is two sharps (F# and C#). The piece consists of two measures. The first measure contains a complex melodic line in the treble clef with fingerings 1, 1, 1, 3, 2, 1, 3, 2, 1, 3 and a bass line with fingerings 1, 3, 1, 4, 1, 3. The second measure continues the melodic line with fingerings 1, 3, 1, 3 and the bass line with fingerings 1, 1, 1, 2. A repeat sign is present at the end of the second measure.

65. G sharp Minor.

Musical score for exercise 65 in G sharp minor. The piece is written for piano in a two-staff format. The key signature has three sharps (F#, C#, G#). The melody in the right hand features eighth-note patterns with various fingering techniques, including triplets and slurs. The bass line provides a steady accompaniment with eighth-note chords and single notes. The exercise concludes with a double bar line and repeat dots.

66.

Musical score for exercise 66. The key signature remains G sharp minor. The right hand melody continues with eighth-note runs, incorporating a quintuplet (marked with a '5') and other complex rhythmic patterns. The left hand maintains a consistent eighth-note accompaniment. The exercise ends with a double bar line and repeat dots.

67.

Musical score for exercise 67. The key signature is G sharp minor. The right hand features eighth-note patterns with slurs and triplets. The left hand accompaniment consists of eighth-note chords and single notes. The exercise concludes with a double bar line and repeat dots.

68. E flat Minor.  
in Octaves.

Musical score for exercise 68 in E flat minor, written in octaves. The key signature has three flats (Bb, Eb, Ab). The right hand melody uses eighth-note patterns with slurs and triplets. The left hand accompaniment is an octave lower, featuring eighth-note chords and single notes. The exercise ends with a double bar line and repeat dots.

69. in Tenths.

Musical score for exercise 69 in E flat minor, written in tenths. The key signature has three flats (Bb, Eb, Ab). The right hand melody uses eighth-note patterns with slurs and triplets. The left hand accompaniment is a tenth lower, featuring eighth-note chords and single notes. The exercise ends with a double bar line and repeat dots.

70. *in Sixths.*

Exercise 70 is a piano exercise in sixths. It consists of two staves. The right hand starts with a treble clef and a key signature of three flats (B-flat, E-flat, A-flat). The left hand starts with a bass clef and the same key signature. The exercise is in a 2/4 time signature. The melody in the right hand is composed of eighth notes, with fingerings indicated by numbers 1-4. The bass line in the left hand consists of quarter notes, also with fingerings. There are several slurs and accents throughout. The piece concludes with a repeat sign and a final chord in the right hand.

71. *B flat Minor.*

Exercise 71 is a piano exercise in B-flat minor. It consists of two staves. The right hand starts with a treble clef and a key signature of three flats. The left hand starts with a bass clef and the same key signature. The exercise is in a 2/4 time signature. The melody in the right hand is composed of eighth notes, with fingerings indicated by numbers 1-4. The bass line in the left hand consists of quarter notes, also with fingerings. There are several slurs and accents throughout. The piece concludes with a repeat sign and a final chord in the right hand.

72.

Exercise 72 is a piano exercise in sixths. It consists of two staves. The right hand starts with a treble clef and a key signature of three flats. The left hand starts with a bass clef and the same key signature. The exercise is in a 2/4 time signature. The melody in the right hand is composed of eighth notes, with fingerings indicated by numbers 1-4. The bass line in the left hand consists of quarter notes, also with fingerings. There are several slurs and accents throughout. The piece concludes with a repeat sign and a final chord in the right hand.

73.

Exercise 73 is a piano exercise in sixths. It consists of two staves. The right hand starts with a treble clef and a key signature of three flats. The left hand starts with a bass clef and the same key signature. The exercise is in a 2/4 time signature. The melody in the right hand is composed of eighth notes, with fingerings indicated by numbers 1-4. The bass line in the left hand consists of quarter notes, also with fingerings. There are several slurs and accents throughout. The piece concludes with a repeat sign and a final chord in the right hand.

74. *F Minor.*

Exercise 74 is a piano exercise in sixths. It consists of two staves. The right hand starts with a treble clef and a key signature of two flats (B-flat, E-flat). The left hand starts with a bass clef and the same key signature. The exercise is in a 2/4 time signature. The melody in the right hand is composed of eighth notes, with fingerings indicated by numbers 1-4. The bass line in the left hand consists of quarter notes, also with fingerings. There are several slurs and accents throughout. The piece concludes with a repeat sign and a final chord in the right hand.

75. Musical score for exercise 75. The piece is in a key with two flats (B-flat and E-flat) and a common time signature. It consists of two staves: a treble clef staff and a bass clef staff. The treble staff contains a melodic line with various fingerings (1, 2, 3, 4) and articulations (accents, slurs). The bass staff contains a supporting line with fingerings (1, 3, 4, 5) and articulations. The exercise concludes with a repeat sign and a final note.

76. Musical score for exercise 76. The piece is in a key with two flats (B-flat and E-flat) and a common time signature. It consists of two staves: a treble clef staff and a bass clef staff. The treble staff contains a melodic line with various fingerings (1, 2, 3, 4) and articulations (accents, slurs). The bass staff contains a supporting line with fingerings (1, 3, 4, 5) and articulations. The exercise concludes with a repeat sign and a final note.

77. C Minor. Musical score for exercise 77, titled "C Minor". The piece is in C minor and common time. It consists of two staves: a treble clef staff and a bass clef staff. The treble staff contains a melodic line with various fingerings (1, 2, 3, 4, 5) and articulations (accents, slurs). The bass staff contains a supporting line with fingerings (1, 3, 4, 5) and articulations. The exercise concludes with a repeat sign and a final note.

78. Musical score for exercise 78. The piece is in a key with two flats (B-flat and E-flat) and a common time signature. It consists of two staves: a treble clef staff and a bass clef staff. The treble staff contains a melodic line with various fingerings (1, 2, 3, 4) and articulations (accents, slurs). The bass staff contains a supporting line with fingerings (1, 3, 4, 5) and articulations. The exercise concludes with a repeat sign and a final note.

79. Musical score for exercise 79. The piece is in a key with two flats (B-flat and E-flat) and a common time signature. It consists of two staves: a treble clef staff and a bass clef staff. The treble staff contains a melodic line with various fingerings (1, 2, 3, 4, 5) and articulations (accents, slurs). The bass staff contains a supporting line with fingerings (1, 2, 3, 4) and articulations. The exercise concludes with a repeat sign and a final note.

80. G Minor.

5

81.

5

82.

3

83. D Minor.

5

84.

5

85.

3

# Chromatic Scales.

1. The fingering marked a., called the *French*, is the most useful, and especially to be employed when a *firm* and *vigorous* tone is required. 2. That marked b., called the *English*, is more suitable for passages that are to be played *lightly* and *rapidly*. 3. That marked c., the *German* or *mixed* method, is the least used. We recommend the *first* to special study; advanced players may give some time also to the *second*.

86.

Exercise 86 consists of two systems of chromatic scales. The first system shows the scales in both treble and bass clefs, with three fingering options labeled 'a.', 'b.', and 'c.' above the notes. The second system continues the scales, also with three fingering options labeled 'a.', 'b.', and 'c.' above the notes. The scales are written in a 3/4 time signature.

Advanced players may practice also the following fingerings.

(Moscheles Op. 70, No 3.) when in conjunction with double notes.

87a

Exercise 87a shows chromatic scales in both treble and bass clefs. The treble clef scale starts with a 1 2 3 1 3 1 3 1 2 3 1 3 1 3 1 3 1 3 2 1 sequence. The bass clef scale starts with a 1 2 3 1 3 1 3 1 2 3 1 3 1 3 1 3 1 3 2 1 sequence. Both scales are in 3/4 time and include a fourth measure with a circled '4' above the notes.

(Czerny School of Velocity.) For smooth and even passages.

87b

Exercise 87b shows chromatic scales in both treble and bass clefs. The treble clef scale starts with a 1 2 3 1 2 1 2 1 2 3 1 2 1 2 3 1 2 1 2 1 3 sequence. The bass clef scale starts with a 1 2 3 1 2 1 2 1 2 3 1 2 1 2 3 1 2 1 2 1 3 sequence. Both scales are in 3/4 time and include a fourth measure with a circled '4' above the notes.

The Chromatic Scales in parallel motion should be practiced also in the higher octaves, both ascending and descending; not beginning upon *C* each time, but upon each of the other tones.

88a

Finally, let the scholar practice the Chromatic Scales with both hands, in minor-Thirds, minor-Tenths, and major-Sixths.

88b

We insert here some chromatic passages, such as occur very frequently.

89.

90.